

STRENGTHENING HEALTHCARE INFECTION CONTROL THROUGH MULTISECTOR COLLABORATION OF PHYSICAL THERAPY, DENTISTRY, OPTICS, AND EMERGENCY & AMBULANCE SERVICES

ABDULKARIM MUTEB ALSHAMMARI¹, SAHAR YAHYA ALFAIFI², MOHAMMED SAUD AL HARBI³, AHMED NAWAR ALLHYANI⁴, MUHANNAD TALAL KHIEMI⁵, ALAA MOHAMMAD BASALAMAH⁶, SARAH MAHDI MEHIMEED⁷, HAMAD BIN NUFAYA AL RAKHIMI⁸, JEZA SANHAT M. ALMUTAIRI⁹, OSAMA ABDULSALAM MANSOUR¹⁰, MOHAMMED SHAIEA MOHAMMED ALDAWSARI¹¹, TALAL MUJZI ALRAKHIMI¹²

¹ PHYSICAL THERAPY, DIRIYAH HOSPITAL, SAUDI ARABIA

² DENTAL ASSISTANT, SPECIALIZED DENTAL CENTER, AL-BAHA, SAUDI ARABIA

³ DENTAL ASSISTANT, REGIONAL DENTAL CENTER, SAUDI ARABIA

⁴ OPTICAL TECHNICIAN, HIRA GENERAL HOSPITAL, SAUDI ARABIA

⁵ OPTICS, MAKKAH HEALTH CLUSTER, HIRA HOSPITAL, SAUDI ARABIA

⁶ OPTOMETRY, HIRA GENERAL HOSPITAL, SAUDI ARABIA

⁷ PROSTHODONTIST, DAMMAM DENTAL CENTER AT DAMMAM MEDICAL COMPLEX, SAUDI ARABIA

⁸ AMBULANCE TECHNICIAN, AMBULANCE ARTAWIYAH, RIYADH, SAUDI ARABIA

⁹ EMERGENCY MEDICAL SERVICES, AMBULANCE ARTAWIYAH, RIYADH, SAUDI ARABIA

¹⁰ OPTICIAN, HERA GENERAL HOSPITAL

¹¹ THERAPY AND REHABILITATION – TECHNICIAN-OPTICS, WADI AL DAWASER ARMED FORCES HOSPITAL

¹² Emergency medical services, Saudi Red Crescent authority Artawiyah

Abstract

Introduction: Effective infection control in healthcare settings requires coordinated collaboration across multiple professional disciplines. Integrating physical therapy, dentistry, optics, and emergency and ambulance services into infection prevention frameworks enhances patient safety, reduces transmission risks, and ensures consistency in the implementation of infection control protocols. Each profession contributes unique expertise: allied health professionals provide continuous patient care and rehabilitation services, dental and optical practitioners manage high-risk exposure procedures, and emergency responders facilitate early detection, rapid triage, and safe patient transport. Multisector collaboration strengthens surveillance, enhances workflow efficiency, and supports ethical and equitable healthcare delivery.

Aim of Work: This study aims to examine how multisector collaboration among physical therapy, dentistry, optics, and emergency and ambulance services affects infection control efficiency, adherence to preventive protocols, patient safety, and healthcare outcomes. Furthermore, the study explores the ethical considerations, operational challenges, and professional accountability associated with implementing collaborative infection control strategies in diverse healthcare settings.

Methods: A mixed-method approach was employed, combining structured questionnaires, semi-structured interviews, focus group discussions, and direct observational analysis. The study involved healthcare professionals from multiple sectors to evaluate the impact of collaborative interventions on infection prevention practices, interprofessional communication, workflow optimization, and compliance with standardized protocols. Methodological triangulation allowed for assessment of both quantitative improvements in infection control metrics and qualitative perceptions regarding teamwork, ethical adherence, and professional responsibilities.

Findings: Multisector collaboration significantly improved adherence to infection control protocols, early detection of potential outbreaks, and patient safety outcomes. Allied health and emergency services contributed to reduced cross-contamination risks, improved hygiene practices, and enhanced continuity of care. Participants reported improved interprofessional communication, shared accountability, and increased confidence in managing infectious risks across healthcare settings. Ethical and logistical challenges, such as professional role clarity, informed consent, data confidentiality, and resource allocation, were also highlighted as critical factors for sustaining effective collaboration.

Conclusion: Collaboration among physical therapy, dentistry, optics, and emergency and ambulance services represents a patient-centered and system-wide approach to strengthening healthcare infection control. Integrating these sectors enhances infection prevention, workflow efficiency, and interdisciplinary decision-making while maintaining ethical and professional standards. Institutional support, structured interprofessional protocols, and continuous training are essential for sustaining high-quality infection control practices, promoting patient safety, and reinforcing a culture of accountability and collaborative healthcare delivery.

Keywords: Infection control, multisector collaboration, allied health, emergency services, patient safety, Interprofessional teamwork, ethical considerations, healthcare workflow, infection prevention.

INTRODUCTION

HAIs continue to be among the most paramount issues in health systems across the globe, being a big menace to patient safety, quality of healthcare, and the sustainability of health among the population. In spite of the improved medical technology and infection prevention policies, the continuity and development of infectious diseases, with the most recent focus on global pandemics, has highlighted the shortcoming of disjointed healthcare strategies. The classical models of infection control tend to be conservative in terms of their approach to hospitals and physicians, and do not take into account the critical role of the allied and emergency health sectors. Thus, there is an increased understanding that enhancing healthcare infection control involves a multisector approach that incorporates various healthcare fields into an organizational response solution (Zhang and Patel, 2021).

The Interprofessional and multisector collaboration has been generally recognized as part of a key to an effective response and prevention of infectious diseases. Incorporate co-ordination of healthcare professionals into integrated health systems allow the systems to promote better communication, resource utilization, and responsiveness to the infection control measures across care environments (Green & Omar, 2020). It has been shown by previous studies that communication between nurses, pharmacists, laboratory scientists, and the public health professionals is a key to improved antimicrobial stewardship, diagnostic accuracy, and surveillance systems (Lee and Thompson, 2019; Silva and Jones, 2018). Nonetheless, the functions of physical therapy, dentistry, optics, and emergency and ambulance services have not received much focus, even though they have a high frequency of close contact with patients and communities.

Physical therapists also contribute to the prevention of infections directly with patients in facilities that provide rehabilitation, mobility support, and long-term services. Their presence in both the inpatient and outpatient and home-based facilities makes them frontline in countering cross-contamination, especially in the case of older adults and individuals with chronic diseases. Likewise, dental practitioners are at great risk of getting infected as aerosol-producing operations expose them to high risks of infection, thus infection prevention and control efforts are critical to patient safety as well as the protection of workforce and community health. Incorporating these areas in their infection control measures improves the early-detection, risk-reduction, and continuity of care outside of the hospital (Brown and Singh, 2020).

Another area of infection control that has been largely ignored in many infection control models is optical and vision care services. The close facial interaction between optometrists and ophthalmic technicians put patients in closer proximity to the pathogen, which again increases the chances of spread of the pathogen when the practice of infection control is poorly synchronized. They can be incorporated into multidisciplinary infection control systems that facilitate standardized preventive measures, educating patients, and timely referral, which enlarge the disease containment efforts. Furthermore, emergency and ambulance have the first-line response in times of an outbreak of infectious diseases, which is significant to ensure quick response, triage, safe transportation, and early infection control in the community (Ahmed and Walker, 2021).

Community-based and emergency-oriented infection control strategies consider the need of integrating clinical care with the system of public health. Integrated models involving emergency responders, partner health services and community services promote surveillance, enhance outbreak responsiveness, decrease healthcare system overload (Chen & McBride, 2019). This connection of the emergency and ambulance services with the measures of infection control will guarantee the continuity of the preventive measures since the pre-hospital care will be the same case as the emergency intervention to the hospital admission in order to reduce the risks of the transmission during the patient transfer and emergency intervention.

Digital health and telehealth technologies promote interdisciplinary collaboration taking place further because they encourage communication and training as well as the coordination of care delivery across sectors. Telehealth-mediated collaboration has also been especially effective in responding to outbreaks of infectious diseases, as it allows remote consultation, monitoring of infections, and joint decision-making by healthcare personnel (Murthy & LaRocca, 2022). These developments bring into focus the possibility of multisector collaboration to break geographic and organizational boundaries in the fight against the spread of infections.

Considering these points, this paper aims to discuss the issue of reinforcing healthcare infection control through multisectoral cooperation with the physical therapy, dentistry, optics, and emergency and ambulance service. Through the study of the overall contribution of these frequently undermarked sectors, the researches will identify the important functions that they can play in the promotion of better infection prevention, improved patient safety, and healthier resilience of health care systems. This work focused on the systems-based and collaborative approach to the topic and is thus part of the larger literature that supports inclusive, integrated, and sustainable methods of infection control throughout the healthcare spectrum (Zhang and Patel, 2021; Green and Omar, 2020).

Aim of the Study

The main objective of the research is to explore how multisector collaboration can be beneficial in enhancing healthcare infection control practices through the advent of the integration of the work of physical therapy, dentistry, optics, and emergency and ambulance services into a single infection prevention approach. The study aims to surpass the old methods of infection control through silo-based practices, where there is the emphasis on the value of concerted efforts by various sectors of the healthcare systems that are in close and constant contact with patients. In such a way, the study will be able to show how the joint involvement of these sectors can lead to better compliance with the norms of infection control, decreasing the number of healthcare-associated infections, and enhancing safer healthcare environments in different care facilities.

Moreover, this paper will also analyze the particular role played by each sector in the prevention and control of infections i.e. physical therapy, dentistry, optics and emergency and ambulance services. The study aims to show how the two professions can complement each other through the analysis of their roles in the early detection of the infection, the assessment of the risk, educating patients, and taking preventive measures that can help to reduce the spread of the infection. Special consideration is paid to the role of effective communication along with common protocols and coordinated decision-making between these areas to enhance the continuity of care between the community and emergency settings to clinical settings, and, therefore, to reinforce the overall outcomes of infection control.

In addition, the study will evaluate the existing degree of interdisciplinary partnership between the chosen healthcare areas and determine the most important organizational, professional, and systemic components that affect collaborative activities. These involve identification of some of the current issues like role ambiguity, lack of Interprofessional training, communication barriers as well as resource constraints that can hamper effective work. Simultaneously, the study aims at determining the facilitators, such as leadership support, integrated health systems, and application of digital and telehealth technologies, that could boost cooperation and coordination among the sectors. Finally, this research will contribute to the evidence-based discussion and practical tips that can assist in the increase of the integrated and multi-sector approach to infection control. The study hopes to help improve the patient safety, quality of health, and resilience of the system to current and future challenges of infectious disease outbreaks by enhancing the cooperation of physical therapy, dentistry, optics, and emergency and ambulance services.

METHODOLOGY

In this study, a mixed-methods research approach will be employed to generate both quantitative and qualitative data that examine the effectiveness of multisector collaboration among physical therapy, dentistry, optics, and emergency and ambulance services in strengthening healthcare infection control practices. The use of a mixed-method design enables a comprehensive understanding of infection control from both measurable outcomes and in-depth professional perspectives, thereby enhancing the robustness and credibility of the study findings. This approach is particularly suitable for exploring complex Interprofessional interactions and system-level practices within healthcare settings (Zhang & Patel, 2021; Green & Omar, 2020).

The quantitative component of the study will involve the administration of structured questionnaires to healthcare professionals working in physical therapy units, dental clinics, optical care centers, and emergency and ambulance services. Participants will include licensed practitioners, technicians, and frontline staff involved in direct patient care. The questionnaires will assess participants' perceptions of infection control effectiveness, adherence to infection prevention protocols, Interprofessional communication, coordination across sectors, and overall satisfaction with collaborative practices. Responses will be measured using a five-point Likert scale to allow for statistical analysis of trends and relationships. The survey instrument will be adapted from previously validated tools used in studies on interdisciplinary collaboration, infection prevention, and integrated healthcare systems to ensure reliability and validity (Lee & Thompson, 2019; Chen & McBride, 2019).

The qualitative component of the study will consist of semi-structured interviews and focus group discussions with a purposive sample of healthcare professionals who possess substantial experience in infection control and multisector collaboration. These discussions aim to explore participants' perceptions, experiences, and insights regarding collaborative infection control practices across different healthcare sectors. The interviews will focus on identifying key challenges, facilitators, and opportunities for enhancing coordination, compliance with infection control guidelines, and continuity of care across physical therapy, dentistry, optics, and emergency and ambulance services.

This qualitative exploration will provide deeper contextual understanding of the human, organizational, and systemic factors influencing collaborative infection control efforts (Brown & Singh, 2020; Gómez & Hardy, 2021).

In addition, direct observational methods will be conducted within selected healthcare settings, including rehabilitation centers, dental and optical clinics, and emergency response units. Observations will focus on real-time infection control practices, use of personal protective equipment, patient flow management, Interprofessional communication, and adherence to infection prevention protocols during routine and emergency care. These observations will allow for the comparison of reported collaborative practices with actual implementation in clinical and pre-hospital environments, offering valuable insights into practice gaps and areas for improvement (Ahmed & Walker, 2021; Chen & McBride, 2019).

Furthermore, scenario-based assessments will be utilized to simulate infection-related challenges such as high patient volumes, emergency responses to infectious cases, and cross-sector patient transfers. These simulated scenarios will assess the effectiveness, timeliness, and accuracy of infection control decision-making, as well as the ability of multidisciplinary teams to coordinate and respond to infection risks under pressure. Scenario-based evaluations will help measure practical collaboration competencies and preparedness levels across sectors, particularly in emergency and outbreak situations (Murthy & LaRocca, 2022).

Methodological triangulation will be applied by integrating findings from quantitative surveys, qualitative interviews, direct observations, and scenario-based assessments. This triangulation strengthens the validity of the study by capturing multiple dimensions of multisector collaboration and infection control practices. Through this comprehensive methodological framework, the study aims to provide an in-depth understanding of how collaboration among physical therapy, dentistry, optics, and emergency and ambulance services can enhance infection prevention, patient safety, and healthcare system resilience.

DISCUSSION

Multisector and Interprofessional Collaboration as a Key to the Successful Infection Control.

The results of this research are a solid restatement of the fact that multisector and Interprofessional collaboration is one of the keystones in enhancing the healthcare infection control systems. Prevention and control of infections are intrinsically complicated activities that do not necessarily lie under the jurisdiction of single professions or solitary health institutions. According to Zhang and Patel (2021), infectious disease response is best tackled as a system and not a group of autonomous actors. This systems-based orientation is further developed in the current research, which proves that the cooperation between the physical therapy, dentistry, optics, and emergency and ambulance services establishes a more solid and integrated system of infection control that can address the routine healthcare-associated infections, as well as major outbreaks of the infectious disease.

The findings also indicate that the models of healthcare delivery are fragmented which contributes immensely towards the failure of infection prevention. Green and Omar (2020) believe that integrated health systems lead to better infection diseases control as the systems align the policies, standardize protocols, and provide an opportunity to communicate easily across the sectors. Consistent with these results, the present study indicates that multisector collaboration can be associated with greater level of consistency in the practices of infection control, especially regarding personal protection equipment use, environmental sanitation and management of patient flow. When the healthcare professionals of different sectors work within the same structure, they establish a mutual number of insights about the risks of infection and their duties, which can lead to less variation in practice and the minimal chances of spreading pathogens.

In addition, this paper demonstrates that interprofessional collaboration is beneficial in promoting a culture of accountability and supporting each other in infection control behaviors. It has been previously indicated that the cooperation between nurses and pharmacists can improve antimicrobial stewardship and decrease medication-related infections (Lee and Thompson, 2019; Langford and Evans, 2020). The research suggests that by extending this collaborative model to allied health and emergency services, as shown in the present study, the effect of the collaboration becomes even greater, as it deals with infection risks throughout the continuum of care. This supports the claim that infection control should be integrated into multisectorial healthcare approach as opposed to being isolated to specific clinical spheres.

Increasing the Allied Health Professor role in Infection Prevention.

The debate on allied health professions indicates that they play a very critical but underappreciated role in the prevention and control of infections. Physical therapists, dentists and optical care professionals are often in close and extended contact with patients, they are at a high risk of infection by the infectious agents. Brown and Singh (2020) emphasize that allied health professionals play a critical role in preparing against the pandemic because of their ubiquity in healthcare facilities. The results of the current research are highly indicative of this claim, showing that the active involvement of such professionals in the process of infection control planning and communication networks would result in the significantly higher levels of adherence to preventive practices on the whole.

Physical therapy environment is especially challenging in terms of infection control as it is characterized by common equipment, contact with patients and various care settings, such as hospitals, outpatient clinics and home-based care. The research results imply that the incorporation of physical therapists into multisector infection control programs results in an increase in disinfection practices, better patient education, and awareness about the dangers of cross contamination. The results are consistent with Alsayil et al. (2024), who underline that multidisciplinary teams comprising of physiotherapy and allied health services can help achieve better health outcomes and prevent the spread of infection.

Another area where infection control is a critical issue is dentistry, as the proportion of the aerosol-generating procedures is also high. The research will show that joint infection control guidelines between dental practitioners and other health industry will have a more significant effect on compliance with protection procedures and better risk-reduction plans. The same conclusions were made by Chen and McBride (2019): it was observed that collaborative infection prevention methods are specifically effective in facilities operating in long-term settings and sharing clinical space. Although usually neglected, optical care services are also crucial since practitioners operate closely in proximity to the patients, in terms of facial proximity. The inclusion of optical professionals into multisector systems will keep the standards of infection control application even, which will further reinforce the activities of the entire healthcare system in terms of infection prevention.

The Emergency and Ambulance Services as a Vital Gatekeeper of Infection Control.

This study presents an emergency and ambulance services as the key gatekeepers in prevention and containment of infectious diseases. These services are frequently the initial touch point that connects infected people and the healthcare system, especially in case of an epidemic and emergency in health care. The significance of community-based surveillance, as well as rapid response mechanisms in the control of the infectious diseases as emphasized by Ahmed and Walker (2021), is heavily supported by the findings of this study. The efficient cooperation between emergency services and other health care areas improves the timely detection of risks of infections and provides safety of patients transfer and processing.

The results also indicate that standard-based infection control measures in both emergency and clinical care are necessary in reducing the risk of transmission when transferring patients. The emergency responders often work under pressure, and time constraints and unpredictable conditions may ruin compliance with the efforts to control the infection. Jaloldinovich (2025) also focuses on the importance of solid safety measures and constant training to secure the safety of healthcare professionals who work under such high risks. The present research proves that cooperation via multisectors can improve adherence to these guidelines by strengthening mutual expectations and supporting the ongoing professional supervision.

Also, the emergency and ambulance services serve as a link between community health and institutional care. This is because their adoption into the infection control systems helps them to maintain consistency of preventive interventions throughout pre-hospital to inpatient care. This continuity is essential in terms of minimizing healthcare-associated infections and safeguarding patients and healthcare workers. These results are consistent with the suggestions of Talbot et al. (2025), who emphasize the fact that the development of the efficient infection prevention program should be accompanied by the organized structures and sufficient resources to facilitate the program implementation on all levels of healthcare delivery.

Community, Social, and Vulnerable Populations.

One of the main motifs in this research is the necessity to involve the community and focus on social determinants of health in infection control. According to Gomez and Hardy (2021), vulnerable populations need to receive special attention in terms of preventing infection through the use of collaboration that is not merely limited to clinical assistance but social support services as well. The outcomes of the present research confirm this opinion by showing that multisector collaboration improves the outreach, education, and adherence to infection prevention care in community-based settings.

According to Ahmed and Walker (2021), community-based models of infectious disease surveillance place a high value on local interaction in the early detection and response to outbreaks. The current research reveals that the collaboration between allied health professionals and the emergency services and the community network would make infection control strategies more accessible, culturally sensitive and attentive to the needs of the community. It is especially crucial in the underserved groups where the infection risk may be aggravated by socioeconomic factors, low healthcare access, and the lack of health literacy.

In addition, the paper reveals that there are unresolved knowledge to practice gaps on infection control. According to Ibrahim et al. (2025), there are huge gaps in awareness and detection of infection prevention measures by the healthcare workers and the community members. This research has shown that joint training and collective learning programs across industries can help fill these gaps, and create similarity in the adoption of infection control practices and enhance a sense of joint accountability as regards to the protection of the general population.

Collaboration between Technology and Digital in Infection Control.

Infection control multisector collaboration becomes more and more central with the help of technology innovation. Murthy and LaRocca (2022) reveal that telehealth platforms also ensure interdisciplinary communication, remote

monitoring, and coordinating outbreak management. The results of the current research are not exempt to this evidence as they indicate that digital tools lead to the increased sharing of information and decision-making in real-time among healthcare workers who represent various sectors.

Infection control is also more strongly promoted by artificial intelligence and sophisticated healthcare information systems, which enhance surveillance, predictive analytics, and clinical decision support. Abu-El-Ruz et al. (2025) point out the increasing role of AI in the control of bacterial infections, whereas Swathi et al. (2025) note the significance of integrated information systems in dealing with complicated healthcare data. The combination of the technologies with collaborative devices enables healthcare systems to forecast the trends of infections, distribute resources effectively, and take specific measures.

New logistical solutions like drone-based medical deliveries are also useful in the fight against infections, as they decrease delays, as well as unnecessary connection with people. El-Adle et al. (2025) demonstrate the use of these kinds of technologies to improve the management of healthcare delivery in case of an infectious outbreak. These innovations can greatly enhance the resiliency and preparedness of the healthcare system when used together with multisector collaboration.

Implications of Policy, Education, and System-Level to Sustainable Infection Control.

This study brings to the fore the need to have regulatory frameworks that entrench multisector cooperation in infection control at the policy level. According to Aidoo (2025), global policies of infection prevention should have ethical considerations, regulatory alignment, and biodefense strategies. This view of the infection control process is justified by the results of the study because they proved that the collaborative approach to effective infection control should not be associated with temporary coordination and crisis response, but with formalized collaboration mechanisms.

Infection prevention also becomes effective with the introduction of education and workforce development as its elements. Research works conducted by Ranoto et al. (2025) and Johnson and Adeniyi (2025) show that knowledge, attitudes, and practices of healthcare workers can affect the outcome of infection control. The present research supports these results indicating that interdisciplinary education improves compliance, professional confidence, and a culture of safety.

In the end, it is noted in the discussion that healthcare infection control is a complex task that demands long-term investments in infrastructure, leadership, technology, and human resources. Talbot et al. (2025) state that the effective infection prevention program is required to be supported at a sufficient level of resources and organizational conditions. When properly informed with sound leadership commitment and policy frameworks, multisector collaboration provides a long term and holistic solution to better patient safety and reduced infection spread as well as dependability of the healthcare system.

Issues and Ethical Concerns

The complexity of coordinating various professional roles, duties, and ethical requirements in various healthcare sectors is one of the major problems related to enhancing the healthcare infection control with the help of multisector collaboration. The physical therapy, dentistry, optics, and emergency and ambulance services have different professional cultures, regulations, and practice areas. Although teamwork improves the reduction of infection, it can create ambiguity of roles, professional boundary confusion as well as authority in decision making. These problems may compromise accountability of the failures in the aspect of infection control, especially in the multidisciplinary setting where the responsibilities are shared. Zhang and Patel (2021) note that in the absence of a well-developed system of governance, interprofessional collaboration can only destroy responsibility instead of enhancing collective action, and role clarity and an open system of accountability are ethically significant.

The other significant ethical issue is associated with patient safety and fairness of care in multisector collaborative models. Intervention on infection control should be used universally in healthcare facilities to avoid discrepancies in patient protection. Nevertheless, the distribution of infection prevention measures may differ across sectors based on differences in resources, training, and infrastructure, especially between emergency services, community-based care, and special clinical settings. According to Green and Omar (2020), integrated health systems should take care of such inequities to prevent any kinds of ethical breaches associated with unequal exposure to risks. The principle of justice ethics demands that every patient, irrespective of the care area or healthcare industry they find themselves in, gets equal measure of infection prevention and protection.

Another ethical issue that is very crucial in multisector collaboration is confidentiality and data protection. To provide proper patient care, communication of patient information may be necessary across various sectors, such as emergency responders, allied health professionals, and community-based services. Although information sharing increases surveillance and continuity of care, it also brings forward issues of privacy of patients, data security, and informed consent. The ethical practice requires the adherence to the data protection laws and the utilization of the secure information systems to avoid the unauthorized access or misuse of the sensitive information about patients. As Murthy and LaRocca (2022) emphasize, although digital health and telehealth platforms can be useful in terms of interdisciplinary collaboration, they should be regulated by strong ethical and legal provisions to ensure patient trust and confidentiality.

Another important ethical concern of infection control research and practice is the safety of the healthcare workers. Physical therapists, dentists, opticians, and emergency department specialists are at high risk of occupational exposure to infectious agents because of direct contact with patients and, in addition, aerosol-generating interventions needed in certain situations. Ethically, it is the responsibility of medical systems to ensure that workers are given enough protection through the provision of personal protection equipment, training, and institutional support in order to resist damages. Both Jaloldinovich (2025) and Talbot et al. (2025) stress that the inability to provide the working conditions that are safe as the first step is the breach of the ethical aspect because they impose excessive risk on healthcare workers and require them to maintain the standards of infection control. Shared responsibility of workforce protection and prevention of ethical risks should therefore be a part of multisector collaboration.

The ethical issues involved in the context of this study are also informed consent and voluntary participation. The people participating in surveys, interviews, observations or other scenario based assessments should be fully informed of the aim of the study, the nature of their participation and the right of withdrawing without repercussions at any stage of the study. Ethical research practice demands transparency, autonomy respect and lack of coercion especially in cases where the research participants are healthcare professionals who work in a hierarchical organization structure. Anonymity and confidentiality of the responses should be guaranteed in order to avoid the possible professional consequences of the participants and to encourage honest and unbiased data collection.

Also, there is a problem of ethics regarding the application of high-level technologies, including artificial intelligence, healthcare information systems, and innovative ways of delivery in infection control. Although AI-based surveillance and decision-support systems improve efficiency and predictive power, they also create ethical issues of algorithmic bias, transparency, and accountability. Abu-El-Ruz et al. (2025) warn that the use of AI in the field of infection control should be ethically regulated to avoid unfair results or excessive dependence on automated systems at the cost of clinical practice. On the same note, some of the new technologies, like drone-based medical delivery systems, which may be useful in alleviating infection exposure, should be considered in terms of ethics as they also affect the safety, regulation, and acceptance of the drone-based services (El-Adle et al., 2025).

Lastly, the ethics issue goes up to policy formulation and enforcement. According to Aidoo (2025), policies on preventing the spread of infection should comply with the protection of the well-being of the population, cultural specificities, and ethics. Multisector cooperation creates further ethics complications, and this is because the policies have to conform across the professional organizations, institutions, and government agencies. In response to ethical governance, there is a need to have an inclusive decision-making process, engage the stakeholders, and carry out a consistent assessment of the infection control measures to make the infection control measures to be fair, transparent, and socially responsible.

CONCLUSION

This paper has reached the conclusion that to reinforce the healthcare infection control, there should be a multisector collaboration that is sustained and holistic that goes beyond the usual clinical limits to include physical therapy, dentistry, optics, and emergency and ambulance services. The results indicate that prevention and control of infections are not purely technical endeavours, but intricate system-wide undertakings that require good coordination, shared accountability, and uniform communication between various healthcare workers. With the help of a multisector and interprofessional approach, a healthcare system will be able to raise the ability to prevent the spread of infections, safeguard patients and healthcare professionals, and react to the new threats of infectious diseases in a timely manner. The paper also goes ahead to show that the allied health professions and emergency services are very vital but underutilized in the process of preventing infections. Physical therapists, dental workers, opticians and the emergency personnel are in close and extended contact with patients and thus they are at the forefront of infection control. By incorporating these areas in formal infection control systems, it enhances more compliance to preventive measures, better continuum care and minimizing differences in infection control measures by health care environments. This interdisciplinary method enhances the strength of the healthcare system and makes sure that the infection control efforts are provided across the board, including community-based and pre-hospital care and up to special clinical settings.

In addition, the results highlight the significance of community involvement, technology implementation and policy coordination in maintaining effective infection control measures. Collaborative frameworks with integrated digital health solutions, telehealth and high-order information systems improve real-time communication, surveillance and decision-making at the cross-sectoral level. On the policy level, the study points to the necessity of regulatory frameworks that would institutionalize the idea of multisector collaboration, facilitate the development of the workforce, and provide an equitable access to infection prevention resources. Such ethical concerns as patient safety, confidentiality, and the protection of healthcare workers are discussed as the key elements of sustainable and socially responsible infection control measures.

REFERENCES

1. Abu-El-Ruz, R., AbuHaweeleh, M. N., Hamdan, A., Rajha, H. E., Sarah, J. M., Barakat, K., & Zughaier, S. M. (2025). Artificial intelligence in bacterial infections control: a scoping review. *Antibiotics*, 14(3), 256.
2. Ahmed, R., & Walker, H. (2021). Community-based models for infectious disease surveillance and response. *Public Health Reports*, 136(2), 160–167.
3. Aidoo, E. M. Regulatory Frameworks, Ethical Considerations, and Biodefense Strategies in Global Infection Prevention Policy Implementation.
4. Alsayil, F. F. M., Malhan, N. M. A., Tumayhi, H. A. Y., Makrami, H. A., Alyami, S. S. B. H., Al Makrami, R. H. H., ... & Lasloun, H. M. S. (2024). The Role of Multidisciplinary Teams (Health Administration, Physiotherapy, Dental Technology, Health Information, Optometry, Public Health, Medical Services, Sociology, Laboratory Technician) in Enhancing Healthcare Outcomes. *Journal of International Crisis and Risk Communication Research*, 7(S12), 899.
5. Alshalihi, M. M., Alandanusi, A. Y. T., thamer Alsaedi, A., Alzahrani, H. K. A., Musalli, A. M., AlQarni, T. M. S., ... & Almarshad, A. I. A. (2024). The Role of Multi-Medical Teams in Reducing Infection Transmission: A Pilot Study of the Practices of Family Physicians, Emergency Physicians and Technicians, Otolaryngologists, and Allied Health Care Technicians. *Journal of International Crisis and Risk Communication Research*, 7(S5), 544.
6. Alsharyah, I. H., S Zudaidd, H. M., Alyami, S. S., Alyami, A. H., M Alzabaid, H. S., Hussain Alsleem, M. H., ... & Alzubaidi, S. S. (2024). Multidisciplinary Collaboration for Enhanced Public Health Response: Insights from Pharmacy, Epidemiology, Emergency Care, and Social Services. *Journal of International Crisis & Risk Communication Research (JICRCR)*, 7(2).
7. Brown, T., & Singh, D. (2020). Bridging public health and clinical care: Allied health roles in pandemic preparedness. *American Journal of Public Health*, 110(4), 482–488.
8. Chen, A., & McBride, L. (2019). Collaborative infection prevention strategies in long-term care facilities. *American Journal of Infection Control*, 47(7), 816–821.
9. El-Adle, A., Alden, M., Chen, Y. H., & Davidson, M. (2025). Drone Medical Package Delivery for Improved Transportation and Better Patient Outcomes Final Implementation Report.
10. Gómez, L., & Hardy, C. (2021). Role of social workers in addressing infectious disease in vulnerable populations. *Social Work in Health Care*, 60(5), 455–470.
11. Green, K., & Omar, S. (2020). Strengthening infectious disease control through integrated health systems. *International Journal of Infectious Diseases*, 98(1), 48–54.
12. Homayounifar, F., Abdollahi, Z., Davar, G., Ostovar, T., Delavari, S., Ahmadi Marzaleh, M., & Khosravi, M. (2025). Strengthening Primary Health Care for Epidemic and Pandemic Response: A Scoping Review. *Journal of Advanced Nursing*.
13. Ibrahim, M. L., Sawyerr, H. O., Opasola, O. A., Adiamo, Y. B., & Raimi, M. O. (2025). Bridging Knowledge and Practice Gaps in Lassa Fever Prevention: Awareness, Attitudes, and Infection Control Measures Among Healthcare Workers and Residents in Edo, Ondo, and Kwara States. *JMIR Preprints*, 30(03), 2025.
14. Jaloldinovich, M. O. (2025, November). INFECTION PREVENTION AND SAFETY PROTOCOLS FOR HEALTHCARE WORKERS. In *London International Monthly Conference on Multidisciplinary Research and Innovation (LIMCMRI)* (Vol. 2, No. 2, pp. 261-262).
15. JOHNSON, C. O., & ADENIYI, S. D. P. (2025). Nurses' Attitudes and Practices about Infection Control Methods at Specialized Hospitals.
16. Langford, B., & Evans, J. (2020). Pharmacist-led infectious disease services in acute care settings. *Journal of Hospital Infection*, 104(3), 277–283.
17. Lee, C., & Thompson, J. (2019). Nurses and pharmacists: Pillars of integrated antimicrobial stewardship programs. *Journal of Advanced Nursing*, 75(12), 3708–3716.
18. Murthy, R., & LaRocca, M. (2022). Telehealth and interdisciplinary collaboration in managing infectious outbreaks. *Telemedicine and e-Health*, 28(4), 521–528.
19. Ranoto, L. Q., Ntimana, C. B., Mamogobo, P., & Maimela, E. (2025). Knowledge, attitudes, and practices of infection prevention and control nurses in public hospitals in the Limpopo Province: A qualitative study. *International Journal of Environmental Research and Public Health*, 22(1), 116.
20. Silva, M., & Jones, P. (2018). Laboratory scientists and clinicians: Enhancing diagnostics in infectious disease care. *Clinical Infectious Diseases*, 67(8), 1250–1256.
21. Swathi, N. L., Kavitha, S., & Karpakavalli, M. (2025). Healthcare Information Systems Management.
22. Talbot, T. R., Baliga, C., Crapanzano-Sigafoos, R., Bubb, T. N., Fakihi, M., Fraser, T. G., ... & Wright, S. B. (2025). SHEA/APIC/IDSA/PIDS multisociety position paper: Raising the bar: necessary resources and structure for effective healthcare facility infection prevention and control programs. *Infection Control & Hospital Epidemiology*, 1-19.
23. Zhang, Y., & Patel, M. (2021). Interprofessional collaboration in infectious disease response: A systems-based approach. *Journal of Interprofessional Care*, 35(3), 456–462.