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# ORIGIN AND GROWTH OF THE PRINCIPAL ELEMENTS OF THE HARAPPAN CIVILIZATION: AN ANALYTICAL STUDY

# DR. UMESH KUMAR

ASSOCIATE PROFESSOR DEPARTMENT OF HISTORY SWAMI SHRADDHANAND COLLEGE (UNIVERSITY OF DELHI, EMAIL - umeshdb09@gmail.com

#### **ABSTRACT**

One of the world's first and greatest urban cultures was the Harappan or Indus Valley Civilization. This invention revolutionised city planning, technology, and social order. Its rise was difficult, starting with Neolithic and Chalcolithic communities growing gradually. For centuries, scholars have studied this society's well-planned towns, regular weights and measures, strange writing, and huge trading networks. However, the roots of this complex society and the things that sped up its growth are still being discussed and studied. In this essay, the basic parts of the Harappan Civilization are studied in detail, from its beginnings as early farming communities to its peak as a fully developed city-state. It looks at the scientific, social, and environmental factors that led to its growth and then at the ideas that explain why it eventually died out.

KEY WORDS: Harappan Civilization, Indus Valley, Urbanization, Town Planning

#### INTRODUCTION

Ancestral civilizations have left their mark on human history in many ways. The Harappan Civilization is one of the most important of these. It encompassed much of northwest South Asia from 2600 to 1900 BCE. Around the same time as Egypt and Mesopotamia. Global civilizational models show that the Indus Valley was one of the largest and most advanced Bronze Age societies, covering more land than its Middle Eastern counterparts. Its discovery in the 1920s in Harappa and Mohenjo-daro revolutionized our view of the subcontinent's ancient past. Complex society in the area was delayed by thousands of years.

The Harappan Civilization has been a mystery for decades because no one has fully understood its script. This writing system, found on thousands of seals and ceramic pieces but undeciphered, is one of the most contentious problems in determining the society's social, political, and religious institutions. Harappan writings are short, unlike Mesopotamian royal inscriptions or Egyptian pyramid texts, making them difficult to interpret. The civilization was typically portrayed as "uniform" and "peaceful" by early historians, in contrast to the warlike Vedic peoples. Modern archaeology is testing this story more.

Researchers are seeking to understand this crucial society better today. The Harappan Civilization's city layout, hydraulics understanding, craft specialization, and long-distance trade were not accidental. They ended a long period of native growth called Early Harappan or Pre-Urban. During this time, farming communities were formed, local animals and flora were tamed, and new pottery types were developed. The Mature Harappan phase saw a rare blend of cultures, material culture uniformity, and large, planned towns.

Finally, a detailed examination at its origins and growth solves the difficult question of how such a big and complex civilization was administered without dynastic rule or temple-based authority like modern cultures. The author analyzes archaeological data to discuss how the civilization began, how it grew urbanized, and how it ended, according to top archaeological studies. The Harappan world is so different from others that it may revolutionize how we view early states. The author emphasizes the urban traits that gave Harappan cities their "unique status" and distinguished them from modern society. Social hierarchy, political control, and economic management have been hot topics in academia. Others say that the Indus Valley is just another example of an early state, while others say that its government was more like a "chiefdom" or a "segmentary state." The purpose of ongoing archaeological policy is to keep the historical narrative of the subcontinent from being fragmented and focuses on the obstacles that have arisen as a result of a century of research, as well as the myriad issues that have arisen as a result of that scholarly struggle. With new scientific techniques like satellite imagery and genetic analysis, researchers have vowed to continue to help both sides of the archaeological debate in order to sustain a more holistic and accurate picture of this ancient civilization in the future.

# **OBJECTIVES OF THE STUDY**

- 1. To study the background and origins of the Harappan Civilization from its Neolithic roots.
- 2. To analyze the principal elements that constituted the Mature Harappan phase, including urban planning, economy, and culture.
- 3. To study the socio-political organization and the nature of the Harappan state.

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4. To discuss the eventual decline and transformation of the Harappan Civilization.

#### REVIEW OF LITERATURE

A study conducted by (Possehl, 2002) on "The Indus Civilization: A Contemporary Perspective" explains that the civilization's architects were aimed to create a society which was integrated, technologically advanced, and economically robust. Findings in archaeology are very important for figuring out how the society worked and for understanding the current historical and cultural landscape of the area. This leads to the development of new ways of understanding things. But the script was a controversial topic that shrouded the society in mystery. This led to a lot of different interpretations, some of which were too simple. So, a lot of researchers are now looking at the things that are still there to figure out how the society and government worked. As a "cultural phenomenon," this civilization must be examined, evaluated, and comprehended from numerous angles. Harappan Civilization history is rooted in native origins, yet environmental and economic variables complicate its interactions with people inside and beyond its civilization.

Kenoyer (1998)'s "Ancient Cities of the Indus Valley Civilization" describes how the Harappans built Mohenjo-daro and Harappa utilizing high technology and organizational skills. These cities were designed with high social organization, modern engineering standards, and communal norms. From the Great Bath to the drainage systems, this urban architecture demonstrated advanced rights like water and sanitation. Since the Indus Valley is one of the world's first large-scale urban planning examples, its targeting of civic amenities for a large population, with a focus on standardization and hygiene, is remarkable. Since its discovery, the objective of understanding urban life has been stated in the archaeological agenda. In the 3rd millennium BCE, the Indus region became a provincially integrated area that had previously been a landscape of disparate agricultural communities. Unfortunately, environmental changes and shifting river patterns towards the end of the period complicated the settlement patterns. In order to defend their hypothesis, researchers have requested assistance from scientific data and subsequently built a chronology based on stratigraphic excavation and radiocarbon dating. Because the political and social systems in the Indus Valley are completely responsible for the execution of urban planning, this study will examine their nature critically. This research is a critical and theoretical examination of the myth and reality of a centralized Harappan state.

The research article by (Shinde, 2016) examines the incorporation of early farming communities into the urban matrix of the Indus Civilization through the "Process of Indigenous Development," which was based on the pre-existing Neolithic cultures of Mehrgarh. The settlements of the Early Harappan phase were given unique priorities under the rubric of proto-urbanism, as envisioned in their regionalization era. It delves into the archaeological scenario and character of the transition to urbanism, as well as the real nature and meaning of cultural integration within the Indus Valley. The researcher explains how gradually the settlement patterns show how the Harappan society changed over a millennium. Without the presence of obvious palaces or royal tombs, the society unilaterally and arbitrarily developed a common system of weights, measures, and brick sizes. This article also considers the social, economic, and political consequences of the "Mature Urban Phase". It also emphasizes the integrative nature of the Harappan culture, which was once thought to be a collection of disparate chiefdoms.

Gregory L. Possehl: The author of this research report, according to archaeological consensus, focuses on the Indus Civilization, including its history, recent discoveries, and theoretical frameworks. Based on its competence to undertake regional surveys, the author focuses on the role of climate and environment in the development of Harappan society, which had a vast catchment area. "The Origin and Growth of the Indus Civilization," which designates the Early Harappan phase as a "formative period" and distinguishes it from the mature phase as "integration era," could put the state under "theoretical scrutiny" in the future, potentially causing severe issues in interpretation such as the role of migration vs. diffusion, climatic stability, resource management, and suffocating academic debates between the processual and post-processual schools of archaeology. The Indus Valley is officially recognised as a foundational culture of the subcontinent by UNESCO, whereas some historical narratives viewed it as a precursor to Vedic culture. With the application of new scientific methods, scholars pledged to support both sides of the historical-archaeological partnership in the future to promote a more nuanced understanding.

The study by (Singh, 2008) states that the Harappan Civilization was included into the subcontinent's history as a foundational pillar, according to the author. The current archaeological data, which is behind the interpretation of its decline, defies the colonial era's explicit proposal, which was made in conformity with the Aryan Invasion Theory. Sir John Marshall, according to the author, initially created the narrative of a pre-Aryan civilization, since it was distinct and preceded the Vedic age. Early excavators, the pioneers of Indus archaeology, are opposed to the theory of a sudden catastrophic end. The Mature Harappan phase, which once again requires "analysis of" or "consultation with" climatic data and geological records, is invoked by modern researchers. The theory of a violent invasion is no longer in effect, which has ramifications for future historical narratives as well as aggravating India's domestic understanding of its own past, beginning with the relationship between the Harappan and Vedic peoples. In order to strengthen the article to make the historical sequence more stable and coherent, Petitioners have asked the Supreme Court of Indian academia to reconsider outdated paradigms.

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#### BACKGROUND: THE ORIGIN OF THE HARAPPAN CIVILIZATION

The genesis of the Harappan Civilization was not a sudden event but a gradual process of cultural evolution spanning several millennia. The foundations were laid in the Neolithic period at sites like Mehrgarh (in present-day Balochistan, Pakistan) around 7000 BCE. (Jarrige, 1986) Here, we find the earliest evidence of farming and herding in the region, with inhabitants domesticating wheat and barley and raising cattle, sheep, and goats. In the Chalcolithic, people made pottery by hand and then on a wheel. Their social systems became more complicated as they used copper implements. Between 3300 and 2600 BCE was the Early Harappan or Regionalization Era. Shine (2016) Many cultures developed in the Indus region. The lower Indus Valley's Kot Diji culture, Sindh and Balochistan's Amri-Nal culture, and Ghaggar-Hakra basin's Hakra Ware civilization are examples. Despite being from various countries, these cultures shared traits that would define the Harappan style. These included employing identical ceramic patterns, creating terracotta figurines, and starting trading networks. As more people moved into the villages, Kot Diji and Kalibangan displayed traces of defenses and basic planning, indicating different social groups and a need for protection.

Cultures mixed from 2600 BCE until 1900 BCE, when the Mature Harappan era began. (2002, Posehl) The "Urban Revolution" of the Indus Valley destroyed many Early Harappan settlements. Large, planned cities grew in their place. It wasn't always a violent takeover. Instead, it was a process of ideological and economic integration in which core ideas like standard brick sizes, a uniform system of weights and measures, a unique script, and certain designs on seals spread across a large area, replacing local styles. Some people think that the start of this integration was the intensification of agriculture, the growth of trade between regions, the rise of a shared philosophy, or a mix of these things. In the end, they built a society that spanned about a million square kilometers, from the foothills of the Himalayas in the north to the coast of Gujarat in the south and from the coast of Makran in the west to the Ganga-Yamuna doab in the east.

## PRINCIPAL ELEMENTS OF THE MATURE HARAPPAN CIVILIZATION

#### 1. Urban Planning and Architecture

The most impressive thing about the Mature Harappan Civilization was how well they planned their cities. Plans were used to build Mohenjo-daro, Harappa, Dholavira, and Kalibangan. They generally had castles above towns below. (Kenoyer, 1998)

The Citadel: Mohenjo-daro and Harappa have this western, elevated mound. It may have housed government and religious buildings. Waterproofed bricks form Mohenjo-daro's Great Bath. It was likely utilized for rituals and indicates how vital water was to Harappans.

The lower town: Grid-like streets went north to south and east to west in the primary dwelling area. Wide streets crossed at right angles, forming large rectangle blocks that made up the city.

Standardization and Sanitation: The bricks were 4:2:1 in size. Small one-room tenements to large mansions with gardens have private wells and bathrooms. Wastewater flowed through covered street drains. This shows that ancient people valued public health.

Architectural Details: Granaries and "pillared halls," which might have hosted public events or business, are interesting buildings. The intermediate town and complex water tank system of Dholavira in Gujarat make it unique.

### 2. Economic Base and Trade

The Harappan economy was diverse, comprising farming, animal husbandry, crafts, and trade.

Agriculture: Harappans farmed well. They grew dates, barley, wheat, peas, and peanuts. Mehrgarh demonstrates that they farmed cotton, making them the first ancient people to make textiles from it. They farmed on the fertile plains of the Indus and its branches and the now-saraswati river thanks to irrigation.

Craft Specialization: Harappans supported many craftspeople. They were skilled at making lapis lazuli, carnelian, and steatite beads. Tin, copper, bronze, and lead were used for advanced metalworking. Standardised weights, elegantly carved seals, and terracotta figures indicate that crafters were skilled and guild-like.

Trade and Business: Harappans traded with Mesopotamia (Sumer and Akkad), the Persian Gulf, and Central Asia over considerable distances. Ratnagar Cities, Mesopotamia, had Harappan seals, beads, and ivory in 1981. Mesopotamian writings mention "Meluhha," which is likely the Indus region. Their dockyard in Lothal, Gujarat, proves they can trade by sea. A uniform weight system that employed binary for little sums and decimal for large amounts made this deal easy.

#### 3. People, places, objects

Social Organization: The lack of castles and royal tombs suggests that Harappan civilization was egalitarian or ruled by merchant-priests rather than a monarch or queen. Similar material culture across a vast area shows cultural integration and possibly a shared ideology.

Write and Seal: Harappan writing, with 400 signs, is yet untranslated. It's largely on seals, which were likely used in trade and government to identify property. Reading the script is difficult due to its short length and lack of a multilingual text.

Religion: Archaeology reveals Harappans had a religion. Terracotta "Mother Goddess" images remind me of a fertility cult. Seal images of a human in a yogic stance surrounded by animals (some historians term these figures "Proto-Shiva") may reveal the origins of Hinduism. Later Indian traditions revere phallic symbols (lingas) and pipal trees. (2) Marshall (1931)

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#### 4. Setting up a government

A lot of people have strong opinions about what the Harappan state was like. A strong central power that can enforce rules is likely behind the high level of standardization in city planning, weights, and measures. But the fact that there aren't any clear royal symbols or castles is strange. Different ideas say that it could have been a single, unified state (an "Empire of the Indus"), a group of oligarchic city-states, or a segmentary state where power was shared between cities. The most plausible model is that of a complex chiefdom or an early state with a unique, non-monarchical form of governance, perhaps controlled by a coalition of wealthy merchants and ritual specialists.

### EVENTUAL DECLINE AND TRANSFORMATION

Around 1900 BCE, the Mature Harappan Civilization began to disintegrate. The uniform material culture gave way to regional styles in what is termed the Late Harappan or Localization Era. (Possehl, 2002) The large urban centers were gradually abandoned, the script fell out of use, and long-distance trade declined. The causes for this decline are multifaceted and likely involved a combination of factors:

- 1. Environmental Factors: Changes in the climate, such as a rise in temperatures and a weakening of the monsoon, are thought to be the main reason. The year 2003 by Staubwasser et al. This would have had an effect on water availability and crop yield. Settlements that relied on rivers would have been thrown off by their changing paths, especially the Ghaggar-Hakra, which many people connect to the mythical Saraswati.
- 2. Geological Factors: Tectonic events may have caused the land to rise and changed the paths of rivers, which is one reason why sites like Mohenjo-daro were abandoned.
- 3. The cessation of long-distance trade with Mesopotamia could have caused an economic catastrophe. Overuse of resources and social conflicts may have ended the community.

#### **CONCLUSION**

The Indus Valley people created one of history's most intriguing societies. It required meticulous planning, a robust economy, and cultural sophistication. This slow, native process was rooted in Neolithic transformation. As an urban society, it showed how well individuals could organize and collaborate. The loss of its urban character has sparked historical discussion and a reexamination of early state formation. People in the wide Indus area lost their urban identities, standard systems, and writing when the cities burned down. After the city period, regional cultures proliferate, settlement patterns alter, and Harappan practices merge with new cultures. For thousands of years, the transformation obscured history. After all of these tumultuous events, researchers discovered Harappan culture, giving subcontinentans a fresh perspective and hope about their deep historical roots and their place in civilization.

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